

# Peppermint

## Nutrition Facts

Serving Size: 30g (30g)

Servings Per Container: About 2.5

### Amount Per Serving

**Calories** 160      Calories from Fat 120

**% Daily Value\***

**Total Fat** 13g      **20%**

Saturated Fat 8g      **40%**

*Trans* Fat 0g

**Cholesterol** 0mg      **0%**

**Sodium** 0mg      **0%**

**Total Carbohydrate** 13g      **4%**

Dietary Fiber 6g      **24%**

Sugars 7g

**Protein** 3g

Vitamin A 0%      •      Vitamin C 0%

Calcium 2%      •      Iron 4%

\* Percent Daily Values are based on a 2,000 calorie diet.