

Milk Couverture 49%

Nutrition Facts

Serving Size: 30g (30g)

Servings Per Container: About 2.5

Amount Per Serving

Calories 180 Calories from Fat 110

% Daily Value*

Total Fat 13g **20%**

Saturated Fat 8g **40%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 20mg **1%**

Total Carbohydrate 13g **4%**

Dietary Fiber 2g **8%**

Sugars 11g

Protein 3g

Vitamin A 2% • Vitamin C 0%

Calcium 8% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet.