Golden Milk

Nutrition Facts

Calories from Fat 110

Iron 2%

Serving Size: 30g (30g)

Amount Per Serving
Calories 160

Calcium 8%

Servings Per Container: About 2

	% Daily Value*
Total Fat 12g	18%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 20mg	1%
Total Carbohydrate 13g	4%
Dietary Fiber 3g	12%
Sugars 10g	
Protein 3g	
Vitamin A 2% •	Vitamin C 2%

Percent Daily Values are based on a 2,000 calorie diet.