

# EV Ecuador Milk

## Nutrition Facts

Serving Size: 30g (30g)

Servings Per Container: About 2.5

### Amount Per Serving

**Calories** 170      Calories from Fat 110

**% Daily Value\***

**Total Fat** 13g      **20%**

Saturated Fat 7g      **35%**

*Trans* Fat 0g

**Cholesterol** 5mg      **2%**

**Sodium** 20mg      **1%**

**Total Carbohydrate** 13g      **4%**

Dietary Fiber 3g      **12%**

Sugars 10g

**Protein** 3g

Vitamin A 2%      •      Vitamin C 2%

Calcium 8%      •      Iron 2%

\* Percent Daily Values are based on a 2,000 calorie diet.